

Non-Contraceptive Indications For Hormonal Contraceptive Products

Medical Conditions Caused or Exacerbated by Menses

- Menorrhagia
- Dysmenorrhea
- Premenstrual syndrome
- Endometriosis
- Menstrual migraines

- Irregular menses
- Iron-deficiency anemia
- Some seizure disorders
- Menstrual flares of rheumatoid arthritis
- Coagulation defects (e.g., menstrual porphyria)

Conditions in this group often improve with any hormonal contraceptive product (progestin-only or combined estrogen-progestin). However, for additional benefit and enhanced convenience, hormonal contraceptives can be used continuously – that is, the hormone-free week of pills, patch, or vaginal ring can be skipped. Continuous use of hormonal contraceptives provides extra benefit for the conditions above by eliminating menses.

Other Conditions Alleviated by Hormonal Contraceptives

- Vasomotor symptoms of perimenopause
- Acne

- Hirsutism
- Polycystic ovary syndrome

Risk Reduction through Use of Hormonal Contraceptives

- Ovarian cancer
- Endometrial cancer

- Colorectal cancer
- Osteoporosis

List of Hormonal Contraceptive Product Types

- Oral contraceptive pills: progestin-only
- Oral contraceptive pills: estrogen-progestin
- Contraceptive patch: estrogen-progestin

- Contraceptive vaginal ring: estrogen-progestin
- Progestin depot injection
- Progestin implant
- Progestin-releasing intrauterine device